



Wholebeing Yoga



We are delighted to be able to offer our guests the option of private or group yoga classes with our in-house instructor, Lesley Moore.

Lesley is local to Grabouw and runs Wholebeing Yoga. She is a certified BKS Iyengar yoga teacher.

Classes are available as advance bookings only and should be arranged directly with Lesley.

Class Options & Prices

Private Class, 60 mins	R350 per person
Couples Private Class, 60 mins	R500 per couple
Corporate Class, 60 mins	R850 per group
Group Class, 60 mins	R150 per person (minimum charge R450)
Yoga Workshop, 2 hours	R300 per person (minimum 4 people)

Payment & Contact Details

To book your yoga class please contact Lesley by email at lesley@wholebeingyoga.co.za or by phone on 083 397 7582.

Payment can be made in cash or via EFT to the following:

L A Moore
NEDBANK Cheque Account
Account No: 1341045900
Branch Code: 198765